

Liberty-Benton Junior High Invitational

Thursday May 1st, 2014

4:15pm Field Events

4:45pm Running Events

1. All entries must be submitted on Baum's Page (instructions are attached). Please submit times that are an accurate time for your athletes. Heat assignments are based on entry time and we want the assignments to be as accurate as possible.
2. Upon arrival, coaches should report to the ticket booth to pick up packets containing heat assignments. **Replacements must be made on Baum's page by 10:00am on 5/1/13. Scratches can be made at any time but replacements in individual events can only be made by 10:00am on 5/1/13.**
3. Each contestant is responsible for reporting on time for their events. When first call is made for the event, competitors should report to the clerk in the bullpen. (Southwest corner of the track)
4. Ohio High School Athletic Association Track and Field rules will govern this meet. Maximum of 3 events per athlete.
5. Teams: Arcadia, Arlington, Bluffton, Donnell, Hardin Northern, Leipsic, Liberty-Benton, McComb, Mohawk, Pandora-Gilboa, St. Anthony's, St. Michael's, Van Buren, Vanlue, Washington Local JH.
6. Starting blocks will not be furnished and we ask that athletes wear 1/8" spikes. **No chalk is permitted to be used as marks** on any all-weather surface. All coaches are reminded to bring batons for relays.
7. Team camps must be located outside the track. We have plenty of room inside our athletic complex. Please stay off the football field except to go to relay exchange areas.
8. Scoring: 10-8-6-5-4-3-2-1 Results will be posted during the meet near the concession stand and will be available on Baum's page after the meet. No results will be printed the night of the meet to give you.
9. Medals will be awarded for the first 3 places in each event and ribbons for places 4th-8th. 1st and 2nd place teams will receive trophies.
10. Starting heights for High Jump and Pole Vault will be decided after checking the entries.
11. The admission charge will be \$3.00 for adults and students.
12. Food and souvenir t-shirts will be sold in the concession stand throughout the meet. Restroom facilities will be available.
13. Field Events
 - Long Jump, Shot Put, & Discus: Each competitor will receive 3 attempts and will be done in flights. These will be the finals.
 - High Jump & Pole Vault will be 5-alive with a floating bar if necessary
14. Running Events
 - In the interest of time, there will be no prelims in the running events. Each sprint event (100m, 100m Hurdles, 200, 200m Hurdles, 400m, 4x100m Relay, 4x200m Relay, 4x400m Relay) will be contested in heats based on times with the fastest heat being last. When making your entries, please indicate times for all competitors. The 800m, 1600m, and 4x800m Relay will be one heat. Lane assignments will be determined by time entered.

Liberty-Benton JH Invitational

ORDER OF EVENTS

4:15pm

Shot Put: Girls first with Boys to follow – 3 attempts

Discus: Boys first with Girls to follow – 3 attempts

Long Jump: Boys first with Girls to follow – 3 attempts

High Jump: We have 2 pits Boys & Girls same time – 5 alive

Pole Vault: Boys first with Girls to follow

4:45pm

Girls 4x800m Relay

Boys 4x800m Relay

Girls 100m Hurdles

Boys 100m Hurdles

Girls 100m Dash

Boys 100m Dash

Girls 1600m Run

Boys 1600m Run

Girls 4x100m Relay

Boys 4x100m Relay

Girls 400m Dash

Boys 400m Dash

Girls 4x200m Relay

Boys 4x200m Relay

Girls 200m Hurdles

Boys 200m Hurdles

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls 4x400m Relay

Boys 4x400m Relay

2014 Liberty-Benton JH Track Invitational

Liberty-Benton HS – May 1st, 2014 – 4:15pm

Entry Window Opens: Monday, April 14th, 2014 at 12:00 pm

Entry Window Closes: Wednesday, April 30th, 2014 at 6:00pm

Scratches/Substitutions Due: Thursday, May 1st, 2014 by 10:00am **ONLINE!**

1. **Rosters must be submitted through Baum's Page Online Entry System before the entry deadline.**
 - a. Late entries will not be accepted! Or if accepted, may be subject to a Late Entry Penalty.
2. **Please note the following changes on baumspage.com!**
 - a. **All User Accounts from 2011-2012 were retained, but the associations with the schools and teams were deleted.**
 - b. After login, the coach will be able to add multiple teams/sports/genders to the same account!
3. Go to www.baumspage.com and use **Online Entries** or **Login** to access your account
 - a. Click the **Help** link and print **Online Entry Instructions for Track** if you need detailed instructions.
 - b. **If you did not have an account last year, use Apply** to create your account.
 - c. **If you had an account last year, you can login using that e-mail address and password.**
4. Use • **Coaches • | Select Teams** to select your **School**.
 - a. Click **Get available teams** and then **Make me the Coach**.
 - b. Note: after selecting your teams, you may need to refresh your screen or Logout and Login again!
5. Use • **Coaches • | Track | Modify Athletes** to enter your athletes on your alphabetic roster.
 - a. You may enter athletes one at a time by filling in name and grade, then **Add Athlete**.
 - b. Or you **can import your complete roster by pasting them** from an Excel file. Use one row per athlete: Number, First Name, Last Name, and Grade. Highlight and paste into textbox, then click **Import Athletes**.
6. Use • **Coaches • | Track | Submit Rosters** to enter athletes, relays, and marks.
 - a. **Include everybody that could possibly compete!** Submit a complete roster before entry deadline!
 - b. **To enter individual events:** Select the athlete from the list and enter a mark.
 - c. **To enter a relay:** Select the 4 anticipated relay team members and enter a time...
(1) List in expected order. Changes may be made before the team competes.
 - d. Click **Submit Roster** to save entries. Use **Get Printable Roster** to print a copy for you records. *Only the athletes listed are entered in the event!
7. The **Online Scratch/Substitution option** is included as part of the entry template. If used, it will only be accessible **after the entry window closes and prior to scratch deadline!**
 - a. Use • **Coaches • | Track | Submit Rosters** to access the entry template.
 - b. A **Scratch/Substitution** box will be available below each event
 - c. List your changes in the correction box | click **Add Scratch Info** | repeat for additional changes.
 - d. The **Scratch/Substitution window will close precisely at the time posted above!**
8. **If there are any problems with the Online Form**, click the **Contact Us** link and submit a **Help Request**.
 - a. Please allow up to 8 hours for a response! *Most responses will be in less than 4 hours.
 - b. In an emergency, call **Gary Baumgartner: 513-594-6154 or Terry Young: 740-517-0195.**