

# MAPLETON MIDDLE SCHOOL TRACK & FIELD CHAMPIONSHIPS

TO: Boys and Girls Track Coaches, Coaches, Parents, Athletic Directors and Principals

FROM: Joe Ortiz – Mapleton MS Track & Field Meet Championships Director

SITE: Mapleton High School for All Events

AWARDS: 1<sup>st</sup> & 2<sup>nd</sup> Place – Medals  
3<sup>rd</sup> – 8<sup>th</sup> Places – Ribbons  
Trophies awarded to First Place and Runner-Up Teams



ENTRIES: Entries should be put in on [www.baumspage.com](http://www.baumspage.com) by Monday, April 7th at 10:00 a.m. Call Joe Ortiz if you have any problems.

CONCESSION STAND: Hot sandwiches, cold and hot beverages, and snacks will be available.

CONFIRMED TEAMS: Mapleton, Mansfield Christian, Mansfield Madison, New London, Plymouth, South Central, and Western Reserve

CONTACTS: Joe Ortiz (Head Track Coach)  
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## MIDDLE SCHOOL SCHEDULE OF EVENTS:

### Monday, April 7<sup>h</sup> - Middle School Track & Field Challenge

3:50 PM Coaches' Meeting at Pavilion  
4:00 PM Field Events Begin with: Girls' Discus, Pole Vault and High Jump; Boys' Shot Put, and Long Jump  
4:45 PM (Approximate start for other field events) Girls' Shot Put, and Long Jump; Boys' Discus, Pole Vault and High Jump  
5:15 PM (Approximate start for time for running events)  
3200M Relay  
5:30 PM 100/110M Hurdles  
100M Dash  
800M Relay  
1600M Run  
400M Relay  
400M Dash  
200M Hurdles  
800M Run  
200M Dash  
1600M Relay

Thank you for attending the Mapleton Middle School Track and Field Challenge. If you have any questions or concerns please contact me immediately. Make sure to have all entries in by 10:00 a.m. on Monday morning (April 7th). We will allow limited substitutions of athletes into individual events at the meet. We are looking forward to a great track meets this year.

Thank you and good luck!

Joe Ortiz  
Mapleton Track and Field

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1. **Note! We will make 1st call promptly at 3:20 and try to start events as quickly as athletes are ready.**
2. Drop scratches for all events will take place at the event. **No substitutions allowed**, as the entry deadline on Baumspage has been extended to 10:00 am on Monday, April 7th, 2025.
3. Shot – Discus – Long Jump: Competitors will have 4 attempts with no finals.
4. We will start with: Boys Long Jump, Boys Shot Put, Girls Discus, Girls Pole Vault, and Girls High Jump
5. Starting heights for Pole Vault and High Jump may be adjusted after reviewing entries.

Starting Heights:	M.S. Boys	M.S. Girls
High Jump	4' 4"	3' 10"
Pole Vault	7' 0"	6' 0"

**Heights will be raised in increments (High Jump - 2", Pole Vault - 6") until one competitor remains.**
6. Relays:
  - A. 3200M Relay – 2 turn stagger – California Exchange.
  - B. 400M Relay – lanes the entire race, yellow to yellow exchange.
  - C. 1600M Relay – 3 turn stagger, California Exchange the second, third, and fourth.
  - D. 800M Relay – lanes the entire race, red to red first and second exchange, yellow to yellow third exchange.
7. **All participants NOT involved in an event MUST be on the outside of the track or in the stands.** Athletes warming up for an event may utilize unused parts of the track or areas outside the track. ***NO athletes are permitted to warm-up on the infield. Coaches may be in the inside the fence as long as they stay clear of the finish line area.*** We will strive to keep the track and infield clear of unnecessary traffic. We will direct finishers to exit the gate on the West end of the track immediately after the race.
8. Team camps are to be set-up inside the stadium's outer fence and out of the way of general traffic and competition areas. Teams can also sit in the stands. Teams opting to sit in the stands may do so away from the finish line in the home stands and on the visitor's side of the track. There are to be no tents in the stands.
9. Locker rooms are available for changing at the MS Gym (to the right of our HS entrance). Men's entrance is on the left side of the gym and ladies on the right. Athletes may also use the restrooms at the track.
10. Coaches! Each school is responsible for monitoring and supervising their own student-athletes. Please make sure a coach is either present in camp areas with their team or checking in with their team regularly throughout the meet.
11. **PLEASE TELL ATHLETES NOT TO WEAR SPIKES IN THE BLEACHERS.**
12. All contestants must report to the clerk of course at the east end of the track (under scoreboard) on the second call or be scratched. (200M Dash and 200 hurdles are to check in and then report to the start of the event.)
13. If a competitor in a field event is called to run, they must tell the event judge that they are leaving to run and should return efficiently.
14. All contestants are to remain in their lanes (on the track in distance races) at the completion of the race until they are permitted to leave by the head judge/Timing Crew.
15. After teams are dropped at the track, please have the bus drivers' park in the elementary lot. **We dismiss school at 3:00.**
16. Please make sure to not use tape on the track. Please use tennis balls. Chalk may be used for LJ, HJ, and PV.
17. Award packets will be available in the press box at the conclusion of the meet

18. Relay cards will NOT be used. You may switch athletes in relays without prior notice. However, if you make a change, make sure you inform the finish line clerks should your team place first in that event. This will insure that we get the proper athletes' names are recorded.
19. Appeals – must be directed to Referee.
20. Admission fee will be charged. \$6.00 for Adults and \$4.00 for students.
21. Reminder, please make sure your entry fee of \$250 total has been sent in.
22. We will have meet shirts available for sale at \$20 each. If interested please make sure to buy early as there will be a limited supply available. (see design below)

