



# Northern Buckeye Conference

## Middle School Track and Field Championships

### Elmwood High School, Friday, May 15, 2015

Middle  
School  
Track

18505 Tontogany Creek Road, Tontogany, OH 43565  
Phone: 419-823-4381

Meet manager: Richard Morgan, phone: 419-601-1976  
email: rmorgantf@yahoo.com

Welcome to the NBC Middle School Track and Field Championships. The meet will be held at Otsego High School on May 15, 2015. A time schedule is attached. Admission is \$4.00 adults, and \$2.00 students.

**Teams:** Eastwood, Elmwood, Fostoria, Genoa, Lake, Otsego, Rossford, and Woodmore

**Entries:** Entries will be done online at [www.baumspage.com](http://www.baumspage.com). The window is already open, and it will close **at 11:00 AM on Wednesday, May 13**. There is no scratch window. We will accept changes up to the beginning of the meet on Friday, but please try to keep them to a minimum. Please email changes to the email address above. Lane assignments, starting heights, etc., will be posted on baumspage and emailed to each head coach sometime Wednesday evening.

**Scoring:** We will score 8 places in all events: 10-8-6-5-4-3-2-1

**Workers:** Each school will supply **one** person to act as a backup timer, **plus workers** to help with a field event. Field event assignments are on the schedule page. **Please email these names no later than Wednesday, May 15 to Joyce Harnishfeger, Otsego AD, at the address below.**

**Facilities:** Please use  $\frac{1}{8}$  or  $\frac{1}{4}$  inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.

**Implements:** Please weigh in your implements in the larger shed near the shot put area upon arrival.

**Sprints:** In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats will be seeded as evenly as possible based on submitted times, while keeping athletes from the same school in different heats. In the 200 M Hurdles and 400 M Dash, athletes will be placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.

**Concessions:** We will have our concession stand open.

**T Shirts:** T-Shirts will be available.

**Schedule:** Please review the attached time schedule for other details.

**Awards:** There will be team trophies for champion and runner-up. Individually, we will score 8 places. Plaques will be given to winners. All awards will be available in the press box after the meet.

**Coaches:** There will be a short coaches' meeting at 3:15 in the press box. There will also be a hospitality room with snacks and drinks for all the coaches, as well as volunteers whose names are sent in as workers, in the press box as well.

**Info:** For questions or information, please contact:  
Joyce Harnishfeger, [athletics@otsegoknights.org](mailto:athletics@otsegoknights.org), Otsego AD  
Richard Morgan, [rmorgantf@yahoo.com](mailto:rmorgantf@yahoo.com), 419-601-1976, meet manager

Good Luck,

Richard Morgan, Meet Manager

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### Schedule and Information

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#### Field events

- 4:00 PM
- Girls Pole Vault, boys to follow  
**Eastwood** supplies 4 workers
  - Girls High Jump, boys to follow  
**Lake** supplies 4 workers  
Five alive
  - Girls Long Jump, boys to follow  
**Fostoria** will supply 4 workers for girls LJ, **Otsego** will supply 4 workers for boys LJ  
There will be 4 attempts open pit, with no finals.
  - Boys Shot put, girls to follow  
**Rossford** will supply 4 workers for boys SP, **Elmwood** will supply 4 workers for girls SP  
There will be 4 attempts, seeded from worst to best, with no finals.
  - Girls Discus, boys to follow  
**Woodmore** will supply 4 workers for girls disc, **Genoa** will supply 4 workers for boys disc  
There will be 4 attempts, seeded from worst to best, with no finals.
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#### Semifinals for Running Events

*In the semis, the top 4 runners from each heat will advance to the finals.*

4:30 PM      Girls 100 M Hurdles Semis  
                 Boys 110 M Hurdles Semis  
                 Girls 100 M Dash Semis  
                 Boys 100 M Dash Semis  
                 Girls 200 M Dash Semis  
                 Boys 200 M Dash Semis

Please remember that all heat and lane assignments will be posted to baumspage some time Wednesday evening. You will also receive an email with this information. Please check this for starting heights and other information.

#### Finals for Running Events

*This time is approximate. Finals will start about 30 minutes after the semifinals. Actual starting time will be announced.*

6:00 PM      Girls 100 M Hurdles Final  
(approx.)      Boys 110 M Hurdles Final  
                 Girls 100 M Dash Final  
                 Boys 100 M Dash Final  
                 Girls 1600 M Run  
                 Boys 1600 M Run  
                 Girls 4 x 100 M Relay  
                 Boys 4 x 100 M Relay  
                 Girls 400 M Dash (2 heats)  
                 Boys 400 M Dash (2 heats)  
                 Girls 4 x 200 M Relay  
                 Boys 4 x 200 M Relay  
                 Girls 200 M Hurdles (2 heats)  
                 Boys 200 M Hurdles (2 heats)  
                 Girls 800 M Run  
                 Boys 800 M Run  
                 Girls 200 M Dash Final  
                 Boys 200 M Dash Final  
                 Girls 4 x 400 M Relay  
                 Boys 4 x 400 M Relay