

2023 Principals Athletic Conference Middle School Track and Field Championships

Location:	Canton South High School 600 Faircrest St SE Canton, Ohio 44707
Date:	Thursday May 4th, 2023
Coaches Meeting:	4:30
Field Events:	4:30
Running Events:	5:00 (4x800)
Entry Forms	Submit entries online on Baumspage before May 3rd 7pm ALL SUBMITTED TIMES MUST BE F.A.T. AND ACCURATE.
Scoring:	10-8-6-5-4-3-2-1
Locker Rooms:	Locker Room Facilities will not be available
Arrival:	No arrival between 2:00 pm - 2:40 p m (School Dismissal)
Equipment:	Implements will not be provided Starting blocks will be provided Only ½ cut tennis balls may be used for marking the track Chalk may be used on the runways and in the high jump 1/4" or smaller spikes only
Implement Weigh In:	Implement weigh in will take place in the shot and disc area from 3:30-4:00
Meet Management:	Results will be posted to Baumspage.com and Milesplit after the meet.
Important Notes:	In inclement weather you will need to return to your bus
Admission	Adult \$5.00 Student \$3.00
Concessions	There will be a concession stand open.

2023 PAC Middle School Championship

Clyde Brechbuhler Stadium
600 Faircrest St SE Canton, 44707

Time	Event	Site
4:30 pm	Coaches Meeting	Home Stands
4:30 pm	Field Events Girls/Boys Long Jump 4 jumps, Boys/Girls High Jump Boys Discus (2 Throws/2Throws) Followed by Girls Girl Shot (2 Throws/2 Throws) Followed by Boys Girls/Boys Pole Vault	NE Corner Shot and Disc North End- Long Jump South End- High Jump
5:00pm FINALS	All Timed Finals 4 x 800M Relay 100/110M Hurdles (30" 33") 100 Finals 4 x 200 1600 4 x 100 400M Dash 200M Hurdles 800M Run 200M Dash 4 x 400M Relay	<i>Athletes report to the bullpen at the North end of the track</i>
Scoring:	10-8-6-5-4-3-2-1	

Tentative Schedule

Girls 4x800 Meter Relay	5:00
Boys 4x800 Meter Relay	5:15
Girls 100 Meter Hurdles	5:30
Boys 110 Meter Hurdles	5:40
Girls 100 Meter Dash	5:50
Boys 100 Meter Dash	5:55
Girls 4x200 Meter Relay	6:00
Boys 4x200 Meter Relay	6:05
Girls 1600 Meter Run	6:10
Boys 1600 Meter Run	6:20
Girls 4x100 Meter Relay	6:30
Boys 4x100 Meter Relay	6:35
Girls 400 Meter Dash	6:40
Boys 400 Meter Dash	6:50
Girls 200 Meter Hurdles	7:00
Boys 200 Meter Hurdles	7:10
Girls 800 Meters	7:20
Boys 800 Meters	7:25
Girls 200 Meter Dash	7:30
Boys 200 Meter Dash	7:40
Girls 4x400 Meter Relay	7:50
Boys 4x400 Meter Relay	8:00

