

2023 St. Paul Crusader - 4/22/2023

Track Invitational

Hosted at Napoleon High School

Meet Program - St. Paul Invite

Event 1 Girls 200 Meter Dash Grades 5-6**Top 8 Advance by Time**

Meet Record: 28.97 4/21/2018 Ashley Ruhlig

Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
1	Coressel, Kenlee	Nap. St. Pau	NT
2	Kovalak, Isabella	Holy Ghost L	NT
3	Strimpel, Ella	Tol. Trinity	NT
4	Oetjens, Olivia	Mon. Trinity	36.46
5	Casey, Ayden	Holy Cross L	37.70
6	Herman, Brianna	St. Patrick	NT
7	Flint, Lily	Holy Ghost L	NT
8	Crabill, Brooklyn	Holy Cross L	NT

Heat 2 of 2 Prelims

1	Wesolowski, Sophia	Tol. Trinity	NT
2	Albain, Sophia	Tol. Trinity	NT
3	Stempien, Norah	Mon. Trinity	39.54
4	Frank-DeRoch, Charity	Mon. Trinity	30.69
5	Kyle, Nyla	Holy Cross L	39.30
6	Ridley, Cassandra	Nap. St. Pau	NT
7	Schlusser, Madelyn	Nap. St. Pau	NT
8	Cunningham, Abbigayle	Holy Ghost L	NT

Event 2 Boys 200 Meter Dash Grades 5-6**Top 8 Advance by Time**

Meet Record: 29.19 4/21/2018 Jacob Gramling

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
2	Wesche, Greydon	Nap. St. Pau	NT
3	Fink, Eli	Central Chri	NT
4	Vallade, Thomas	Mon. Trinity	32.57
5	Pence, Aidan	Holy Cross L	35.70
6	Stout, Hunter	Holy Ghost L	40.10
7	Kleimola, Caleb	Tol. Trinity	NT

Heat 2 of 3 Prelims

2	Witte, Jacob	Nap. St. Pau	NT
3	Kline, Parker	Central Chri	NT
4	Holbert, Paul	Holy Ghost L	32.04
5	Mullins, Dorian	Mon. Trinity	36.69
6	Troxell, Trey	Holy Cross L	NT
7	Blackshear, Corey	Tol. Trinity	NT

Heat 3 of 3 Prelims

2	Carter, Isaac	Central Chri	NT
3	Lacey, Delontae	Tol. Trinity	NT
4	Bellino, Bryce	Mon. Trinity	31.24
5	Grubert, Paul	Holy Ghost L	37.22
6	Holloway, Kayden	Holy Cross L	NT
7	Durham, Simon	Nap. St. Pau	NT

Event 3 Girls 200 Meter Dash Grades 7-8**Top 8 Advance by Time**

Meet Record: 28.17 4/21/2018 Amaya Leslie

Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
1	Welborn, Mykailah	Tol. Trinity	NT
2	Scheumann, Savannah	Central Chri	NT
3	Isles, Angie	Holy Ghost L	30.66
4	Frank-DeRoch, Lydia	Mon. Trinity	29.98
5	Turner, Ke'Veaya	Holy Cross L	30.00
6	Martin, Olivia	Mon. Trinity	32.29
7	Ressler, Tessa	Nap. St. Pau	NT
8	Maassel, Olivia	Nap. St. Pau	NT

Heat 2 of 2 Prelims

1	Rohrs, Micayla	Nap. St. Pau	NT
2	Saalfrank, Naomi	Holy Cross L	37.30
3	Lybarger, Olivia	Central Chri	30.30
4	Quaye, Hannah	Holy Cross L	29.70
5	Gramlich, Avery	Mon. Trinity	30.06
6	Huber, Ev	Holy Ghost L	34.21
7	Reed, Kaycie	Central Chri	NT
8	Scott, Alaysha	Tol. Trinity	NT

Event 4 Boys 200 Meter Dash Grades 7-8**Top 8 Advance by Time**

Meet Record: 24.66 4/21/2018 Vance Crawford

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
2	Small, Cooper	Nap. St. Pau	NT
3	Boway, Joshua	Holy Cross L	NT
4	O'Nan, Elias	Holy Ghost L	31.50
5	Kwiatkowski, Easton	Mon. Trinity	31.64
6	Stainbrook, Josh	Tol. Trinity	NT
7	Shein, Arkar	Central Chri	NT

Heat 2 of 3 Prelims

2	Barrett, Owen	Nap. St. Pau	NT
3	Pankop, Mason	Central Chri	NT
4	Nix, Austin	Holy Cross L	30.20
5	Holliday, Seth	Holy Ghost L	33.84
6	Teems, Logan	Tol. Trinity	NT
7	Gessner, Jeffery	Mon. Trinity	NT

Heat 3 of 3 Prelims

2	Janoweicki, Caleb	Tol. Trinity	NT
3	Gatchell, Ty	Central Chri	NT
4	Kanning, Josh	Holy Cross L	28.50
5	Brown, Elliot	Mon. Trinity	36.29
6	Funk, Jesse	Nap. St. Pau	NT

2023 St. Paul Crusader - 4/22/2023

Track Invitational

Hosted at Napoleon High School

Meet Program - St. Paul Invite

Event 5 Girls 1600 Meter Run Grades 5-6

Meet Record: 5:45.39 4/23/2022 Gwen Huddle

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Downen, Ava	Mon. Trinity	6:42.74
2	Sikes, Kelsie	Mon. Trinity	6:42.54
3	Brock, Lila	St. Patrick	NT
4	Finley, Hannah	Mon. Trinity	7:02.37
5	Walker, Brianna	Holy Cross L	6:55.50

Event 6 Boys 1600 Meter Run Grades 5-6

Meet Record: 5:37.88 4/21/2018 Greco Barbalena

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Morris, Connor	Nap. St. Pau	NT
2	Gerken, Austin	Nap. St. Pau	NT
3	Butler, Cole	Mon. Trinity	6:09.96
4	Leask, Kelly	Mon. Trinity	7:43.71
5	Schlicker, Boaz	Holy Cross L	7:06.00
6	Bean, Mason	Holy Cross L	NT
7	Morris, Ethan	Nap. St. Pau	NT
8	Deitemeyer, John	St. Patrick	NT
9	Doepner, Evan	Holy Cross L	6:00.00

Event 7 Girls 1600 Meter Run Grades 7-8

Meet Record: 5:55.06 4/21/2018 Michaela Kurth

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Huddle, Gwenyth	Nap. St. Pau	NT
2	Hofman, Elinor	Central Chri	NT
3	Milleman, Cocoa	Holy Cross L	6:36.00

Event 8 Boys 1600 Meter Run Grades 7-8

Meet Record: 5:11.34 4/6/2019 Luke Butler

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Lining, Sam	Central Chri	6:47.00
2	Knight, Weston	Central Chri	NT
3	Rohr, Gavin	Mon. Trinity	6:03.27
4	Bean, Michael	Holy Cross L	5:46.00

Event 9 Girls 100 Meter Dash Grades 5-6**Top 8 Advance by Time**

Meet Record: 14.91 4/21/2018 Noelani Lewis

Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
1	Groll, Emma	Nap. St. Pau	NT
2	Schlosser, Madelyn	Nap. St. Pau	NT
3	Leighty, Addison	Holy Cross L	20.40
4	Di'Carlo, Noelle	Holy Ghost L	15.77
5	Rule, Mackenzie	Mon. Trinity	16.15
6	Faruggia, Delaney	Holy Ghost L	19.13
7	Bojarski, Sophie	Tol. Trinity	NT
8	Herman, Brianna	St. Patrick	NT

Heat 2 of 2 Prelims

1	Wesolowski, Sophia	Tol. Trinity	NT
2	Coressel, Kenlee	Nap. St. Pau	NT
3	Crabill, Brooklyn	Holy Cross L	16.90
4	Frank-DeRoch, Charity	Mon. Trinity	14.49
5	Jondro, Emma	Mon. Trinity	16.23
6	O'Dell, Emma	Holy Ghost L	19.05
7	Satterthwaite, Sophia	Tol. Trinity	NT
8	Casey, Ayden	Holy Cross L	NT

Event 10 Boys 100 Meter Dash Grades 5-6**Top 8 Advance by Time**

Meet Record: 14.11 4/6/2019 Jack Lisker

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	Keesbury, Jesse	St. Patrick	NT
2	Funk, Brody	Nap. St. Pau	NT
3	Jordan, Rudy	Mon. Trinity	15.32
4	O'Nan, Brayden	Holy Ghost L	14.37
5	Holloway, Kayden	Holy Cross L	19.10
6	Fink, Eli	Central Chri	NT
7	Lacey, Delontae	Tol. Trinity	NT
Heat 2 of 3 Prelims			
1	Knoblauch, Gunther	Central Chri	NT
2	Pence, Aidan	Holy Cross L	NT
3	Holbert, Paul	Holy Ghost L	14.98
4	Vallade, Thomas	Mon. Trinity	14.24
5	Wesche, Greydon	Nap. St. Pau	NT
6	Brightman, Will	St. Patrick	NT
7	Blackshear, Corey	Tol. Trinity	NT
Heat 3 of 3 Prelims			
1	Kontz, Landon	Tol. Trinity	NT
2	Pankop, Cohen	Central Chri	NT
3	Hale, Carson	Holy Cross L	17.50
4	Bellino, Bryce	Mon. Trinity	14.03
5	Holliday, Carter	Holy Ghost L	17.44
6	Witte, Jacob	Nap. St. Pau	NT
7	Connin, Carson	St. Patrick	NT

Event 11 Girls 100 Meter Dash Grades 7-8**Top 8 Advance by Time**

Meet Record: 14.11 4/6/2019 Jasmine Hearn

Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
1	Turner, Ke'Veaya	Holy Cross L	NT
2	Martin, Grace	Central Chri	NT
3	Pogarch, Anna	Holy Ghost L	15.36
4	Quaye, Hannah	Holy Cross L	14.40
5	Gramlich, Avery	Mon. Trinity	14.46
6	Saalfrank, Naomi	Holy Cross L	15.50
7	Scott, Alaysha	Tol. Trinity	NT
8	Scheiwe, Isabella	Nap. St. Pau	NT

2023 St. Paul Crusader - 4/22/2023

Track Invitational

Hosted at Napoleon High School

Meet Program - St. Paul Invite

Heat 2 of 2 Prelims...(Event 11 Girls 100 Meter Dash Grades 7-8)

1	Butler, Addison	Nap. St. Pau	NT	_____
2	Bachman, Ava	Nap. St. Pau	NT	_____
3	Grego, Sophia	Mon. Trinity	15.35	_____
4	Frank-DeRoch, Lydia	Mon. Trinity	14.35	_____
5	Isles, Angie	Holy Ghost L	14.64	_____
6	Huber, Ev	Holy Ghost L	15.90	_____
7	Gillingham, Scarlett	Central Chri	NT	_____
8	Reed, Kaycie	Central Chri	NT	_____

Event 12 Boys 100 Meter Dash Grades 7-8**Top 8 Advance by Time**

Meet Record: 12.43 4/21/2018 Vance Crawford

Lane	Name	Team	Seed Time	
Heat 1 of 3 Prelims				
2	Brown, Elliot	Mon. Trinity	NT	_____
3	Gatchell, Ty	Central Chri	NT	_____
4	Nix, Austin	Holy Cross L	14.00	_____
5	O'Nan, Elias	Holy Ghost L	15.00	_____
6	Teems, Nathan	Tol. Trinity	NT	_____
7	Barrett, Owen	Nap. St. Pau	NT	_____

Heat 2 of 3 Prelims

2	Reinhard, Chase	Central Chri	NT	_____
3	Janowicki, Caleb	Tol. Trinity	NT	_____
4	Kwiatkowski, Easton	Mon. Trinity	13.82	_____
5	Knoblauch, Parker	Holy Cross L	14.60	_____
6	Funk, Jesse	Nap. St. Pau	NT	_____
7	Bergmooser, Joey	Holy Ghost L	17.54	_____

Heat 3 of 3 Prelims

2	Walker, Nicholas	Tol. Trinity	NT	_____
3	Bradtmueller, Cameron	Central Chri	NT	_____
4	Kanning, Josh	Holy Cross L	13.10	_____
5	Holliday, Seth	Holy Ghost L	15.32	_____
6	Griffith, Ryan	Nap. St. Pau	NT	_____

Event 13 Girls 400 Meter Dash Grades 5-6

Meet Record: 1:08.00 4/21/2018 Myiah Welborn

Lane	Name	Team	Seed Time	
Section 1 of 2 Finals				
2	Brock, Lila	St. Patrick	NT	_____
3	Dehnsotel, Allison	Nap. St. Pau	NT	_____
4	Bojarski, Sophie	Tol. Trinity	NT	_____
5	Walker, Brianna	Holy Cross L	NT	_____
6	Casey, Ayden	Holy Cross L	NT	_____
7	Kyle, Nyla	Holy Cross L	NT	_____
Section 2 of 2 Finals				
1	Chambers, Alaina	Nap. St. Pau	NT	_____
2	Kuehnlein, Olivia	Holy Ghost L	1:32.29	_____
3	Beaton, Karis	Mon. Trinity	1:25.58	_____
4	Barton, Hailey	Holy Ghost L	1:15.65	_____
5	Di'Carlo, Noelle	Holy Ghost L	1:22.84	_____
6	Oetjens, Olivia	Mon. Trinity	1:27.70	_____
7	Sikes, Delanie	Mon. Trinity	1:40.83	_____
8	Walsh, Sadie	Tol. Trinity	NT	_____

Event 14 Boys 400 Meter Dash Grades 5-6

Meet Record: 1:15.16 4/6/2019 Ross Niekamp

Lane	Name	Team	Seed Time	
Section 1 of 2 Finals				
2	Ryder, Camden	Mon. Trinity	NT	_____
3	Snoply, Sam	Nap. St. Pau	NT	_____
4	Hale, Carson	Holy Cross L	NT	_____
5	Troxell, Trey	Holy Cross L	NT	_____
6	Deitemeyer, John	St. Patrick	NT	_____
Section 2 of 2 Finals				
1	Pranger, Isaac	Central Chri	NT	_____
2	Holliday, Carter	Holy Ghost L	1:37.94	_____
3	Stout, Hunter	Holy Ghost L	1:36.64	_____
4	Raypole, Carson	Holy Cross L	1:16.00	_____
5	Grubert, Paul	Holy Ghost L	1:28.97	_____
6	Aaron, Kane	Mon. Trinity	1:37.12	_____
7	Head, Cale	Nap. St. Pau	NT	_____
8	Bechtol, Quinten	Nap. St. Pau	NT	_____

Event 15 Girls 400 Meter Dash Grades 7-8

Meet Record: 1:03.13 4/21/2018 Amaya Leslie

Lane	Name	Team	Seed Time	
Section 1 of 2 Finals				
3	Dehnbostel, Jillian	Nap. St. Pau	NT	_____
4	Ressler, Tessa	Nap. St. Pau	NT	_____
5	Reddinger, Madeline	Central Chri	NT	_____
Section 2 of 2 Finals				
1	Lothamer, Maddison	Holy Cross L	NT	_____
2	Grego, Sophia	Mon. Trinity	1:21.37	_____
3	Husby, Juleigh	Mon. Trinity	1:15.87	_____
4	Frank-DeRoch, Lydia	Mon. Trinity	1:13.80	_____
5	Rose, Szasha	Holy Ghost L	1:13.84	_____
6	Pogarch, Julie	Holy Ghost L	1:19.02	_____
7	Scheumann, Savannah	Central Chri	NT	_____
8	Lybarger, Olivia	Central Chri	NT	_____

Event 16 Boys 400 Meter Dash Grades 7-8

Meet Record: 58.99 4/21/2018 Andrew McCarthy

Lane	Name	Team	Seed Time	
Section 1 of 2 Finals				
3	Geil, Charles	Nap. St. Pau	NT	_____
4	Peters, Jude	Central Chri	NT	_____
5	Walker, Nicholas	Tol. Trinity	NT	_____
Section 2 of 2 Finals				
1	Swinford, Cooper	Tol. Trinity	NT	_____
2	Moore, Elijah	Tol. Trinity	NT	_____
3	Rudd, Jathyn	Holy Cross L	1:19.50	_____
4	Canupp, Kaden	Mon. Trinity	1:10.21	_____
5	Boway, Joshua	Holy Cross L	1:14.00	_____
6	Brown, Elliot	Mon. Trinity	1:30.08	_____
7	Pankop, Mason	Central Chri	NT	_____
8	Vondran, Eli	Central Chri	NT	_____

2023 St. Paul Crusader - 4/22/2023

Track Invitational

Hosted at Napoleon High School

Meet Program - St. Paul Invite

Event 17 Girls 4x100 Meter Relay Grades 5-6

Meet Record: 1:05.16 4/6/2019 Nap. St. Paul Lutheran
C Head, K Drewes, L Kruse, H Nagel

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Mon. Trinity	A	NT
	1) Finley, Hannah	2) Rule, Mackenzie	
	3) Sikes, Delanie	4) Jondro, Emma	
3	Tol. Trinity	A	NT
	1) Strimpel, Ella	2) Wesolowski, Sophia	
	3) Bojarski, Sophie	4) Satterthwaite, Sophia	
4	Holy Ghost L	A	1:10.85
	1) Flint, Lily	2) Cunningham, Abbigayle	
	3) Kovalak, Isabella	4) Barton, Hailey	
5	Holy Cross L	A	NT
	1) Casey, Ayden	2) Kyle, Nyla	
	3) Leighty, Addison	4) Crabill, Brooklyn	
6	Nap. St. Pau	A	NT
	1) Chambers, Alaina	2) Crandall, Makenna	
	3) Coressel, Kenlee	4) Witte, Marissa	

Event 18 Boys 4x100 Meter Relay Grades 5-6

Meet Record: 1:02.97 4/6/2019 Nap. St. Paul Lutheran
A Lavin, J Mowery, B Liechty, B Bockelman

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Mon. Trinity	A	NT
	1) Jordan, Rudy	2) Mullins, Dorian	
	3) Rule, Grayson	4) Vallade, Thomas	
3	Tol. Trinity	A	NT
	1) Estrada, Luca	2) Blackshear, Corey	
	3) Apodaca-Campos, Simon	4) Kontz, Landon	
4	St. Patrick	A	NT
	1) Keesburry, Jesse	2) Brightman, Will	
	3) Connin, Carson	4) Deitemeyer, John	
5	Central Chri	A	NT
	1) Knoblauch, Gunther	2) Carter, Isaac	
	3) Fink, Eli	4) Pranger, Isaac	
6	Nap. St. Pau	A	NT
	1) Maassel, Kellen	2) Morris, Ethan	
	3) Snoply, Sam	4) Herron, Jacob	
7	Holy Cross L	A	NT
	1) Matthews, Donovan	2) Holloway, Kayden	
	3) Pence, Aidan	4) Hale, Carson	

Event 19 Girls 4x100 Meter Relay Grades 7-8

Meet Record: 59.10 4/21/2018 Concordia Lutheran
S Gonzalez, M Dahlenberg, A Estupinan, A Vie

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Central Chri	A	NT
	1) Desta, Naomi	2) Hofman, Elinor	
	3) Martin, Grace	4) Reddinger, Madeline	
4	Holy Ghost L	A	1:00.69
	1) Pogarch, Julie	2) Huber, Ev	
	3) Pogarch, Anna	4) Rose, Szasha	
5	Holy Cross L	A	1:06.30
	1) Saalfrank, Naomi	2) Turner, Ke'Veaya	
	3) Lothamer, Maddison	4) Quaye, Hannah	
6	Nap. St. Pau	A	NT
	1) Bachman, Ava	2) Rohrs, Micayla	
	3) Maassel, Olivia	4) Scheiwe, Isabella	

Event 20 Boys 4x100 Meter Relay Grades 7-8

Meet Record: 52.72 4/21/2018 Concordia Lutheran
A Boersma, D Johnson, S Musa, X Middleton

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Central Chri	A	NT
	1) Cain, Luke	2) Spieth, Emerson	
	3) Bradtmueller, Cameron	4) Carter, Lucas	
4	Holy Cross L	A	57.10
	1) Knoblauch, Parker	2) Boway, Joshua	
	3) Rudd, Jathyn	4) Nix, Austin	
5	Nap. St. Pau	A	NT
	1) Geil, Charles	2) Wachtman, Alex	
	3) Crandall, Gavin	4) VonDeylen, Grady	
6	Tol. Trinity	A	NT
	1) Janoweicki, Caleb	2) Stainbrook, Josh	
	3) Teems, Nathan	4) Walker, Nicholas	

Event 21 Girls 800 Meter Run Grades 5-6

Meet Record: 2:46.12 4/23/2022 Gwen Huddle

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Sikes, Kelsie	Mon. Trinity	3:01.79
2	Frank-DeRoch, Charity	Mon. Trinity	2:53.29
3	Walker, Brianna	Holy Cross L	3:08.10
4	Brock, Lila	St. Patrick	NT
5	Dowen, Ava	Mon. Trinity	3:02.27

2023 St. Paul Crusader - 4/22/2023

Track Invitational

Hosted at Napoleon High School

Meet Program - St. Paul Invite

Event 22 Boys 800 Meter Run Grades 5-6

Meet Record: 2:33.34 4/21/2018 Greco Barbalena

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Gerken, Austin	Nap. St. Pau	NT
2	Doepner, Evan	Holy Cross L	2:47.70
3	Schlicker, Boaz	Holy Cross L	NT
4	Maassel, Kellen	Nap. St. Pau	NT
5	Kline, Parker	Central Chri	NT
6	Barnes, Matthew	Nap. St. Pau	NT
7	Becker, Harrison	Mon. Trinity	3:01.18
8	Bean, Mason	Holy Cross L	3:16.90
9	Apodaca-Campos, Simon	Tol. Trinity	NT
10	Butler, Cole	Mon. Trinity	2:44.37
11	Estrada, Luca	Tol. Trinity	NT

Event 23 Girls 800 Meter Run Grades 7-8

Meet Record: 2:38.53 4/21/2018 Michaela Kurth

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Huddle, Gwenyth	Nap. St. Pau	NT
2	Desta, Naomi	Central Chri	NT
3	Hofman, Elinor	Central Chri	NT
4	Husby, Juleigh	Mon. Trinity	2:59.59
5	Milleman, Cocoa	Holy Cross L	2:58.50
6	Martin, Olivia	Mon. Trinity	NT

Event 24 Boys 800 Meter Run Grades 7-8

Meet Record: 2:21.33 4/6/2019 Luke Butler

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Rohr, Gavin	Mon. Trinity	2:44.37
2	Bean, Michael	Holy Cross L	2:19.20
3	O'Nan, Elias	Holy Ghost L	2:54.87
4	Lininger, Sam	Central Chri	NT
5	Knight, Weston	Central Chri	NT
6	Durham, Spencer	Nap. St. Pau	NT
7	Gessner, Jeffery	Mon. Trinity	NT
8	Peters, Jude	Central Chri	NT
9	Canupp, Kaden	Mon. Trinity	2:46.79

Event 25 Girls 4x200 Meter Relay Grades 5-6

Meet Record: 2:17.58 4/21/2018 Tol. Trinity Lutheran

M Welborn, E Landskroener, L DuShane, D Kleimola

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Tol. Trinity	A	NT
	1) Albain, Sophia	2) Welborn, Milan	
	3) Kuria, Arianna	4) Walsh, Sadie	
4	Holy Ghost L	A	2:48.00
	1) Cunningham, Abbigayle	2) Faruggia, Delaney	
	3) O'Dell, Emma	4) Kovalak, Isabella	
5	Nap. St. Pau	A	NT
	1) Ridley, Cassandra	2) Dehnbstotel, Allison	
	3) Crandall, Makenna	4) Schlosser, Madelyn	
6	Mon. Trinity	A	NT
	1) Frank, Paige	2) Oetjens, Olivia	
	3) Stempien, Norah	4) Potts, Shelby	

Event 26 Boys 4x200 Meter Relay Grades 5-6

Meet Record: 2:17.35 4/21/2018 Concordia Lutheran

N Spielman, K Russell, V Woodfill, G Barbalena

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Nap. St. Pau	A	NT
	1) Durham, Simon	2) Head, Cale	
	3) Bechtol, Quinten	4) Herron, Jacob	
4	Mon. Trinity	A	2:03.38
	1) Jordan, Rudy	2) Rule, Grayson	
	3) Aaron, Kane	4) Ryder, Camden	
5	Holy Ghost L	A	2:24.00
	1) O'Nan, Brayden	2) Grubert, Paul	
	3) Stout, Hunter	4) Holbert, Paul	

Event 27 Girls 4x200 Meter Relay Grades 7-8

Meet Record: 2:03.68 4/21/2018 Mon. Trinity Lutheran

M Ruhlig, F Butler, L Conant, A Leslie

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Holy Ghost L	A	2:15.06
	1) Isles, Angie	2) Pogarch, Julie	
	3) Pogarch, Anna	4) Rose, Szasha	
5	Central Chri	A	NT
	1) Desta, Naomi	2) Hofman, Elinor	
	3) Martin, Grace	4) Reddinger, Madeline	

2023 St. Paul Crusader - 4/22/2023

Track Invitational

Hosted at Napoleon High School

Meet Program - St. Paul Invite

Event 28 Boys 4x200 Meter Relay Grades 7-8

Meet Record: 1:49.50 4/21/2018 Mon. Trinity Lutheran

L Butler, K Stumpmier, A McCarthy, V Crawford

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Central Chri	A	NT
	1) Vondran, Eli	2) Shein, Arkar	
	3) Pankop, Mason	4) Gatchell, Ty	
4	Mon. Trinity	A	2:03.38
	1) Canupp, Kaden	2) Gessner, Jeffery	
	3) Rohr, Gavin	4) Kwiatkowski, Easton	
5	Tol. Trinity	A	NT
	1) Moore, Elijah	2) Swinford, Cooper	
	3) Teems, Logan	4) Teems, Nathan	

Event 29 Girls 4x400 Meter Relay Grades 5-6

Meet Record: 5:18.47 4/21/2018 Nap. St. Paul Lutheran

M Meller, E Gerken, L Huddle, L Kruse

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Holy Ghost L	A	5:25.00
	1) Di'Carlo, Noelle	2) Kuehnlein, Olivia	
	3) Barton, Hailey	4) Flint, Lily	
5	Mon. Trinity	A	NT
	1) Finley, Hannah	2) Oetjens, Olivia	
	3) Beaton, Karis	4) Sikes, Delanie	

Event 30 Boys 4x400 Meter Relay Grades 5-6

Meet Record: 5:18.19 4/6/2019 Nap. St. Paul Lutheran

A Dirr, B Bockelman, D Nagel, S Lavin

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Holy Cross L	A	NT
	1) Doepner, Evan	2) Bean, Mason	
	3) Schlicker, Boaz	4) Hale, Carson	
4	Mon. Trinity	A	NT
	1) Bellino, Bryce	2) Mullins, Dorian	
	3) Becker, Harrison	4) Leask, Kelly	
5	Nap. St. Pau	A	NT
	1) Morris, Ethan	2) Morris, Connor	
	3) Maassel, Kellen	4) Barnes, Matthew	

Event 31 Girls 4x400 Meter Relay Grades 7-8

Meet Record: 5:01.87 4/21/2018 Monclova Christian

M VanderEnde, T Godfrey, A Sigler, G Tansel

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Nap. St. Pau	A	NT
	1) Dehnbostel, Jillian	2) Butler, Addison	
	3) Ressler, Tessa	4) Huddle, Gwenyth	
5	Mon. Trinity	A	NT
	1) Gramlich, Avery	2) Grego, Sophia	
	3) Husby, Juleigh	4) Martin, Olivia	

Event 32 Boys 4x400 Meter Relay Grades 7-8

Meet Record: 4:11.95 4/23/2022 Holy Cross Lutheran

C Geiger, B Kelly, M Bean, J Kanning

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Nap. St. Pau	A	NT
	1) Wachtman, Alex	2) Small, Cooper	
	3) Crandall, Gavin	4) Durham, Spencer	
4	Central Chri	A	NT
	1) Cain, Luke	2) Lininger, Sam	
	3) Carter, Lucas	4) Peters, Jude	
5	Holy Cross L	A	NT
	1) Bean, Michael	2) Boway, Joshua	
	3) Kanning, Josh	4) Rudd, Jathyn	

Event 33 Boys Long Jump Grades 5-6

Meet Record: 13-09.50 4/6/2019 Jaxen Wourman

Pos	Name	Team	Seed Mark
Flight 1 of 2 Finals			
1	Knoblauch, Gunther	Central Chri	ND
2	Head, Cale	Nap. St. Pau	ND
3	Mann, Aaron	Central Chri	ND
4	Estrada, Luca	Tol. Trinity	ND
5	Pranger, Isaac	Central Chri	ND
6	Kleimola, Caleb	Tol. Trinity	ND
7	Morris, Connor	Nap. St. Pau	ND
8	Kontz, Landon	Tol. Trinity	ND
9	Herron, Jacob	Nap. St. Pau	ND

Flight 2 of 2 Finals

1	Bean, Mason	Holy Cross L	9-05.00
2	Stout, Hunter	Holy Ghost L	8-09.75
3	Holbert, Paul	Holy Ghost L	10-04.25
4	Pence, Aidan	Holy Cross L	12-02.00
5	Butler, Cole	Mon. Trinity	12-07.00
6	Aaron, Kane	Mon. Trinity	9-11.00
7	Bellino, Bryce	Mon. Trinity	14-05.00
8	Grubert, Paul	Holy Ghost L	10-00.50
9	Holloway, Kayden	Holy Cross L	6-11.00

Event 34 Girls Long Jump Grades 5-6

Meet Record: 14-11.50 4/21/2018 Ashley Ruhlig

Pos	Name	Team	Seed Mark
Flight 1 of 2 Finals			
1	Ridley, Cassandra	Nap. St. Pau	ND
2	Potts, Shelby	Mon. Trinity	ND
3	Strimpel, Ella	Tol. Trinity	ND
4	Crandall, Makenna	Nap. St. Pau	ND
5	Witte, Marissa	Nap. St. Pau	ND
6	Kunzman, Annie	St. Patrick	ND
7	Herman, Brianna	St. Patrick	ND
8	Satterthwaite, Sophia	Tol. Trinity	ND

2023 St. Paul Crusader - 4/22/2023

Track Invitational

Hosted at Napoleon High School

Meet Program - St. Paul Invite

Flight 2 of 2 Finals...(Event 34 Girls Long Jump Grades 5-6)

1	Kyle, Nyla	Holy Cross L	8-03.50	_____
2	Leighty, Addison	Holy Cross L	ND	_____
3	Flint, Lily	Holy Ghost L	11-04.00	_____
4	Barton, Hailey	Holy Ghost L	9-11.25	_____
5	Walker, Brianna	Holy Cross L	ND	_____
6	Di'Carlo, Noelle	Holy Ghost L	12-02.50	_____
7	Rule, Mackenzie	Mon. Trinity	8-01.00	_____
8	Jondro, Emma	Mon. Trinity	8-09.00	_____

Event 35 Boys Long Jump Grades 7-8

Meet Record:		17-08	4/21/2018	Joshua Tipton
Pos	Name	Team	Seed Mark	
Flight 1 of 2 Finals				
1	Gessner, Jeffery	Mon. Trinity	ND	_____
2	Janoweicki, Caleb	Tol. Trinity	ND	_____
3	Canupp, Kaden	Mon. Trinity	ND	_____
4	Stainbrook, Josh	Tol. Trinity	ND	_____
5	Crandall, Gavin	Nap. St. Pau	ND	_____
6	Griffith, Ryan	Nap. St. Pau	ND	_____
7	Walker, Nicholas	Tol. Trinity	ND	_____
8	VonDeylen, Grady	Nap. St. Pau	ND	_____

Flight 2 of 2 Finals

1	Knoblauch, Parker	Holy Cross L	14-01.00	_____
2	Bradtmueller, Cameron	Central Chri	11-10.50	_____
3	Bean, Michael	Holy Cross L	14-08.00	_____
4	Carter, Lucas	Central Chri	ND	_____
5	Holliday, Seth	Holy Ghost L	10-03.00	_____
6	Shein, Arkar	Central Chri	12-09.00	_____
7	Kanning, Josh	Holy Cross L	14-04.00	_____
8	Kwiatkowski, Easton	Mon. Trinity	ND	_____
9	Bergmooser, Joey	Holy Ghost L	9-09.00	_____

Event 36 Girls Long Jump Grades 7-8

Meet Record:		14-10.50	4/6/2019	Jasmine Hearn
Pos	Name	Team	Seed Mark	
Flight 1 of 1 Finals				
1	Milleman, Cocoa	Holy Cross L	9-00.00	_____
2	Lothamer, Maddison	Holy Cross L	7-05.50	_____
3	Rohrs, Micayla	Nap. St. Pau	ND	_____
4	Saalfrank, Naomi	Holy Cross L	11-04.00	_____
5	Reed, Kaycie	Central Chri	ND	_____
6	Isles, Angie	Holy Ghost L	12-05.00	_____
7	Pogarch, Anna	Holy Ghost L	11-04.00	_____
8	Frank-DeRoch, Lydia	Mon. Trinity	ND	_____
9	Pogarch, Julie	Holy Ghost L	ND	_____
10	Scheumann, Savannah	Central Chri	ND	_____

Event 37 Boys Shot Put Grades 5-6

Meet Record:		23-11	4/23/2022	Elias O'Nan
Pos	Name	Team	Seed Mark	
Flight 1 of 2 Finals				
1	Brightman, Will	St. Patrick	ND	_____
2	Keesburry, Jesse	St. Patrick	ND	_____
3	Snoply, Sam	Nap. St. Pau	ND	_____
4	Peters, Asher	Central Chri	ND	_____
5	Kleimola, Caleb	Tol. Trinity	ND	_____
6	Schlicker, Boaz	Holy Cross L	ND	_____
7	Lacey, Delontae	Tol. Trinity	ND	_____
8	Kline, Parker	Central Chri	ND	_____
9	Keen, Anthony	Central Chri	ND	_____

Flight 2 of 2 Finals

1	Kontz, Landon	Tol. Trinity	ND	_____
2	Connin, Carson	St. Patrick	ND	_____
3	Matthews, Donovan	Holy Cross L	ND	_____
4	Mullins, Dorian	Mon. Trinity	22-10.00	_____
5	Holliday, Carter	Holy Ghost L	12-09.00	_____
6	O'Nan, Brayden	Holy Ghost L	23-04.25	_____
7	Becker, Harrison	Mon. Trinity	24-02.00	_____
8	Funk, Brody	Nap. St. Pau	ND	_____
9	Rule, Grayson	Mon. Trinity	28-06.00	_____

Event 38 Girls Shot Put Grades 5-6

Meet Record:		25-11	4/6/2019	Marissa Beck
Pos	Name	Team	Seed Mark	
Flight 1 of 1 Finals				
1	Leighty, Addison	Holy Cross L	ND	_____
2	Daniels, Elise	Tol. Trinity	ND	_____
3	Beaton, Karis	Mon. Trinity	18-09.00	_____
4	Stempien, Norah	Mon. Trinity	20-03.00	_____
5	Frank, Paige	Mon. Trinity	24-04.00	_____
6	Schlosser, Madelyn	Nap. St. Pau	ND	_____
7	Kuehnlein, Ellianah	Holy Ghost L	21-02.00	_____
8	Kovalak, Isabella	Holy Ghost L	ND	_____
9	Kunzman, Annie	St. Patrick	ND	_____
10	Kuria, Aarianna	Tol. Trinity	ND	_____
11	Welborn, Milan	Tol. Trinity	ND	_____

2023 St. Paul Crusader - 4/22/2023
Track Invitational
Hosted at Napoleon High School
Meet Program - St. Paul Invite

Event 39 Boys Shot Put Grades 7-8

Meet Record: 43-05 4/6/2019 Brayden Lata			
Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Holliday, Seth	Holy Ghost L	18-08.50
2	Bergmooser, Joey	Holy Ghost L	21-10.00
3	Teems, Logan	Tol. Trinity	ND
4	O'Nan, Elias	Holy Ghost L	30-06.00
5	Small, Cooper	Nap. St. Pau	ND
6	Spieth, Emerson	Central Chri	ND
7	Stainbrook, Josh	Tol. Trinity	ND
8	Vondran, Eli	Central Chri	ND
9	Durham, Spencer	Nap. St. Pau	ND
10	Funk, Jesse	Nap. St. Pau	ND
11	Moore, Elijah	Tol. Trinity	ND
12	Milton, Adriel	Holy Cross L	ND

Event 40 Girls Shot Put Grades 7-8

Meet Record: 31-03.50 4/23/2022 Alana Branigan			
Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Scheiwe, Isabella	Nap. St. Pau	ND
2	Branigan, Aleese	Holy Cross L	26-09.00
3	Huber, Ev	Holy Ghost L	22-10.00
4	Gillingham, Scarlett	Central Chri	ND
5	Scott, Alaysha	Tol. Trinity	ND
6	Dest, Naomi	Central Chri	ND
7	Maassel, Olivia	Nap. St. Pau	ND
8	Welborn, Mykailah	Tol. Trinity	ND
9	Martin, Olivia	Mon. Trinity	24-09.00
10	Bachman, Ava	Nap. St. Pau	ND
11	Pogarch, Anna	Holy Ghost L	19-10.00
12	Sieb, Ella	Mon. Trinity	24-00.00
13	Lothamer, Maddison	Holy Cross L	ND

Event 41 Boys High Jump Grades 5-6

Meet Record: 4-02 4/23/2022 Gavin Rohr			
Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Troxell, Trey	Holy Cross L	3-04.00
2	Bechtol, Quinten	Nap. St. Pau	NH
3	Pankop, Cohen	Central Chri	NH
4	Durham, Simon	Nap. St. Pau	NH
5	Doepner, Evan	Holy Cross L	3-06.00
6	Mann, Aaron	Central Chri	NH
7	Raypole, Carson	Holy Cross L	4-09.00
8	Apodaca-Campos, Simon	Tol. Trinity	NH

Event 42 Girls High Jump Grades 5-6

Meet Record: 4-03 4/6/2019 Jocelyn Ekong			
Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Dehnbostel, Allison	Nap. St. Pau	NH
2	Frank-DeRoch, Charity	Mon. Trinity	4-04.00
3	Chambers, Alaina	Nap. St. Pau	NH
4	Crabill, Brooklyn	Holy Cross L	3-10.00
5	O'Dell, Emma	Holy Ghost L	NH
6	Faruggia, Delaney	Holy Ghost L	NH
7	Kuehnlein, Olivia	Holy Ghost L	3-04.00

Event 43 Boys High Jump Grades 7-8

Meet Record: 5-04 4/21/2018 Mason Hickman			
Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Cain, Luke	Central Chri	NH
2	Swinford, Cooper	Tol. Trinity	NH
3	Reinhard, Chase	Central Chri	NH
4	Rudd, Jathyn	Holy Cross L	4-05.00
5	Knoblauch, Parker	Holy Cross L	NH
6	Wachtman, Alex	Nap. St. Pau	NH
7	Rohr, Gavin	Mon. Trinity	NH
8	Teems, Nathan	Tol. Trinity	NH
9	Geil, Charles	Nap. St. Pau	NH
10	Spieth, Emerson	Central Chri	NH
11	Nix, Austin	Holy Cross L	4-06.00

Event 44 Girls High Jump Grades 7-8

Meet Record: 4-09 4/21/2018 Madison Kieft			
Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Quaye, Hannah	Holy Cross L	4-00.00
2	Turner, Ke'Veaya	Holy Cross L	4-10.00
3	Rose, Szasha	Holy Ghost L	4-04.00
4	Butler, Addison	Nap. St. Pau	NH
5	Gillingham, Scarlett	Central Chri	3-10.00
6	Dehnbostel, Jillian	Nap. St. Pau	NH
7	Lybarger, Olivia	Central Chri	4-00.00