



2021 Toledo Area Athletic Conference

Middle School Track and Field Championships

Northwood High School, Thursday, May 13, 2021

700 Lemoyne Road, Northwood, OH 43619
Phone: 419-691-3888

Meet manager: Richard Morgan
email: rmorgan55@gmail.com

- Teams:** There are six teams: Kateri Catholic Academy, Emmanuel Christian, Maumee Valley Country Day, Northwood, Ottawa Hills, and Toledo Christian.
- Scratches:** **Please check the program. Make sure everything is correct.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. **Once the meet begins, only drops will be accepted, except for injury.**
- Meeting:** There will be a short coaches' meeting at 4:00 in the press box.
- Prelims:** Normally we have prelims and finals in the short hurdles, the 100 M Dash, and the 200M Dash. However, only the 100 M dashes have more than 8 competitors. So the only prelims we will have are the 100M dash, both boys and girls. The 100/100M hurdles and the 200M dashes will be run only as finals.
- Long Sprints:** In the 400 M Dash, athletes were placed in two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat. Both the boys and girls 200 M Hurdles will be run as one heat each.
- Field Events:** There will be three attempts, then the top seven athletes will advance to the finals. Finals will consist of three more attempts, with placing being determined by the best of the six attempts. Please use your own implements. Make sure you have them weighed in at the garage by the pole vault. Note that a number of field events have 7 athletes or fewer. In those cases, all athletes will have 3 attempts, we will call them back, and they will all get 3 more.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.
400 m relay zone 1: Kateri, Toledo Christian
400 m relay zone 2: Northwood , MVCD
400 m relay zone 3: Ottawa Hills, Emmanuel Christian
800 m relay zone: MVCD, Ottawa Hills
- Heights:** There are no entries in the Girls PV. We will use the following starting heights for the other events: Girls HJ 3'6", Boys HJ 4', Girls PV 4'6", and Boys PV 5'
- Scoring:** We will score 6 places.
- Awards:** There will be a team trophy for champion. Individually, we will score 6 places, with the top 3 receiving All-Conference ribbons. Awards will be available in the press box after the meet.
- Markings:** Tape or chalk (provided) is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.
- Results:** All results will be available in the press box, as well as posted on baumspace.
- Live Results:** Live results will be available online at baumspace throughout the meet.



2021 Toledo Area Athletic Conference

Middle School Track and Field Championships

Schedule and Information

Field events

- 4:30 PM
- Girls Pole Vault, boys to follow
 - Girls High Jump, boys to follow
Five alive
 - Boys Long Jump, girls to follow
There will be 3 attempts, then the top 7 jumpers go to finals for 3 more attempts.
Competition will be open pit for one hour, then finals
 - Boys Shot put, girls to follow
There will be 3 attempts, then the top 7 throwers go to finals for 3 more attempts.
All 6 throws of the finalists will count in the scoring.
 - Girls Discus, boys to follow
There will be 3 attempts, then the top 7 throwers go to finals for 3 more attempts.
All 6 throws of the finalists will count in the scoring.

Starting heights: Girls HJ 3'6", Boys HJ 4',
Girls PV 4'6", and Boys PV 5'

Semifinals for Running Events

In the events with 2 heats, the top 2 runners from each heat, along with the next 4 times, will advance to the finals.

- 5:00 PM Girls 100 M Dash Semis (2 heats)
 Boys 100 M Dash Semis (2 heats)

Finals for Running Events

This time is approximate. Finals will start about 30 minutes after the semifinals. Actual starting time will be announced.

- 6:30 PM Girls 100 M Hurdles Final
(approx.) Boys 110 M Hurdles Final
 Girls 100 M Dash Final
 Boys 100 M Dash Final
 Girls 1600 M Run
 Boys 1600 M Run
 Girls 4 x 100 M Relay
 Boys 4 x 100 M Relay
 Girls 400 M Dash (2 heats)
 Boys 400 M Dash (2 heats)
 Girls 4 x 200 M Relay
 Boys 4 x 200 M Relay
 Girls 200 M Hurdles (1 heat)
 Boys 200 M Hurdles (1 heat)
 Girls 800 M Run
 Boys 800 M Run
 Girls 200 M Dash Final
 Boys 200 M Dash Final
 Girls 4 x 400 M Relay
 Boys 4 x 400 M Relay