

**1st Annual
Woodmore Wildcat Junior High Track Invitational
Woodmore Wildcat Stadium
'Under the Lights' - Friday, April 12, 2013**

Junior High/Middle Coaches and Athletic Directors:

Woodmore is establishing a Junior High track invitational. The meet will be on Friday, April 12th, 2013. The Friday evening schedule will be a unique under the lights experience for your Junior High track athletes. The following packet contains some important information that will help us run a smooth invitational and both of the line-up sheets for your boys and girls.

Events: Each school will be able to enter 2 athletes in each event. Each school is allowed to enter 1 team in relays.

Times: We will have a coaches meeting for information and scratches at 3:45 p.m. in the high school cafeteria. We will be using Baum's Page for scratches. The field events will begin at 4:00 p.m. Running events will start 4:45 p.m.

Field Events: high Jump, long jump, discus, shot put
*3 throws/jumps – top 7 to finals - finals will be 3 throws/jumps

Starting Heights: High Jump - girls 3'9", boys 4'0".
Pole Vault – determined day of invitational

Buses: We ask that you have your buses park on the East side of the school.

Entry fee: Entry fee is \$80.00 per school this includes both a girls and boys team. If you only plan on bringing a girls team or a boys team, the entry fee is \$40.00. If you're A.D. does not send the entry fee before, please bring this along to the coaches meeting and give to Steve Barr at this time.

Spectator Admission: All admission will be \$5.00 at the gate.

Lineups: Lineups must be turned in to Baum's Page by Wednesday, April 10th at **12:00 noon**. You can email Brian Ryman at any time with questions at **bryman@woodmore.k12.oh.us**. All entries received after this date will be put in slow heats. **Scratches will be allowed the day of the meet at the coaches meeting. Field event scratches will be done at the event.**

Awards: Plaques will be given to all first place winners; ribbons to 2nd, 3rd, 4th, 5th, and 6th. There will be a MVP plaque for the top boy and girl. Three team trophies will be given, plus a combination trophy to the top boys and girls combined score.

Scoring: Scoring will be 10-8-6-4-2-1.

Blocks: We have blocks and will have them available. You are more than welcome to bring your own if you choose. We will have a cart to easily transport the blocks.

Concessions/T-shirts: Food and t-shirts will be on sale at the concession stand. Items will include brats, hamburgers, cheeseburgers, hot dogs, pizza, nachos, popcorn candy, pop, water, Gatorade, etc. T-shirts will available for purchase.

Spikes/Markings: Please no spikes longer than ¼ inch for both running and field event areas. Tennis balls should be used to mark runways and relay marks. **NO TAPE PLEASE.**

Cancellation: In case of inclement weather, we ask that each coach put contact information on the lineup form and the latest time we can reach them prior to leaving so that we can contact them personally.

Any questions please feel free to call or email at the following information:

Steve Barr
WHS Athletic Director
Home:
School: 419-862-2721

Brian Ryman
WHS Track Coach
Home:
School:419-862-2721

Email: sbarr@woodmore.k12.oh.us

Email: bryman@woodmore.k12.oh.us

Woodmore Junior High Invitational Under the lights – April 12th 2013

Schedule of Events

Field Events:

4:00pm

Girls: Discus, High Jump
Boys: Shot Put, Long Jump, Pole Vault

Girls: Shot Put, Long Jump, Pole Vault
Boys: Discus, High Jump

Running Events:

4:45pm Semis:

Girls 100m hurdles
Boys 110m hurdles
Girls 100m dash
Boys 100m dash
Girls 200m dash
Boys 200m dash

Finals: 20 minutes after last semifinal.

Finals:

Girls 100m hurdles
Boys 110m hurdles
Girls 100m dash
Boys 100m dash
Girls 1600m run
Boys 1600m run
Girls 4x100m relay
Boys 4x100m relay
Girls 400m dash
Boys 400m dash
Girls 4x200m relay
Boys 4x200m relay
Girls 200m hurdles
Boys 200m hurdles
Girls 800m run
Boys 800m run
Girls 200m dash
Boys 200m dash
Girls 4x400m relay
Boys 4x400m relay

*Individual and Relay Scoring: 10-8-6-4-2-1