

3rd Annual
Woodmore Wildcat Junior High Track Invitational
Wildcat Stadium
“Under the Lights” - Friday, April 10, 2015

Junior High/Middle School Coaches and Athletic Directors:

Woodmore is continuing what was a huge success in its first two seasons - a junior high track invitational. This year the meet will be on Friday, April 10, 2015. The Friday evening schedule will be a unique “under the lights” experience for your junior high track athletes. The following packet contains some important information that will help us run a smooth invitational and a schedule of events.

Events: Each school is allowed to enter up to 2 athletes per team in each event. We will allow schools to enter 1 team in relay events.

Times: We will have a coaches meeting for information and scratches at 3:45 p.m. in the high school cafeteria. We will be using Baum’s Page for scratches. The field events will begin at 4:00 p.m. Running events will start at 4:45 p.m.

Field Events: high jump, long jump, discus, shot put
3 throws/jumps – top 7 to finals - finals will be 3 throws/jumps

Starting Heights: High Jump - girls 3-9, boys 4-0.
Pole Vault – determined day of invitational

Buses: We ask that you have your buses park along the outer edge of the large parking lot at the east end of the school.

Entry fee: Entry fee is \$80.00 per school - this includes both a girls and boys team. If you only plan on bringing a girls team or a boys team, the entry fee is \$40.00. If your athletic director does not send the entry fee before the meet, please bring this along with you to the coaches meeting.

Spectator Admission: All admission will be \$5 at the gate.

Lineups: Lineups must be turned in to Baumspage by Wednesday, April 8 at **7PM**. You can email Mike Moreno at any time with questions at: morenomichael12@gmail.com. All entries received after this date will be put in slow heats. **Scratches will be allowed the day of the meet at the coaches meeting. Field event scratches will be done at the event.**

Awards: Plaques will be given to all first place winners; ribbons to 2nd, 3rd, 4th, 5th, and 6th. There will be one MVP plaque for the top boy and girl. Three team trophies will be given, plus a combination trophy to the top boys and girls combined score.

Scoring: Scoring will be 10-8-6-4-2-1.

Blocks: We have blocks and will have them available. You are more than welcome to bring your own if you choose. We will have a cart to easily transport the blocks.

Concessions/T-shirts: Food and t-shirts will be on sale at the concession stand. Items will include chicken sandwiches, hot dogs, pizza, nachos, popcorn, candy, pop, water, Gatorade, etc. T-shirts will available for purchase.

Spikes/Markings: Please no spikes longer than ¼ inch for both running and field event areas. Tennis balls should be used to mark runways and relay marks. **NO TAPE PLEASE.**

Cancellation: In case of inclement weather, we will be in contact with the athletic director as soon as possible on the date of the meet.

Any questions, please feel free to contact:

Steve Barr
WHS/JH Athletic Director
School: 419-862-2721, ext. 311
Cell: 419-601-5986
Email: sbarr@woodmoreschools.com

Mike Moreno
WHS/JH Track Coach
Cell: 419-367-2136
Email: morenomichael12@gmail.com

Schools Competing: Woodmore JH, Calvert JH, Eastwood MS, Fostoria MS, Margareta JH, McPherson (Clyde) MS, New London MS, Oak Harbor MS, Otsego JH, Port Clinton MS, St. Joseph Central Catholic JH, Toledo Christian MS.

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Schedule of Events

Field Events:

4:00pm

Girls: Discus, High Jump
Boys: Shot Put, Long Jump, Pole Vault

Girls: Shot Put, Long Jump, Pole Vault
Boys: Discus, High Jump

Running Events:

4:45pm – Semis

Girls 100m hurdles
Boys 110m hurdles
Girls 100m dash
Boys 100m dash
Girls 200m dash
Boys 200m dash

Finals: 20 minutes after last semifinal.

Finals:

Girls 100m hurdles
Boys 110m hurdles
Girls 100m dash
Boys 100m dash
Girls 1600m run
Boys 1600m run
Girls 4x100m relay
Boys 4x100m relay
Girls 400m dash
Boys 400m dash
Girls 4x200m relay
Boys 4x200m relay
Girls 200m hurdles
Boys 200m hurdles
Girls 800m run
Boys 800m run
Girls 200m dash
Boys 200m dash
Girls 4x400m relay
Boys 4x400m relay

*Awards will start to be handed out during the break between the semis and finals in front of the press box bleachers.

*Individual and Relay Scoring: 10-8-6-4-2-1