

**Woodmore Junior High Invitational
“Under the Lights” – May 5, 2016
Rescheduled from April 8th**

Schedule of Events

Field Events:

4:00pm

Girls: Discus, High Jump
Boys: Shot Put, Long Jump, Pole Vault

After above events
are finished

Boys: Discus, High Jump
Girls: Shot Put, Long Jump, Pole Vault

**Running Event Finals : All heats are seeded with fastest heat last
5:00 pm No Semi-finals**

Girls 100m hurdles
Boys 110m hurdles
Girls 100m dash
Boys 100m dash
Girls 1600m run
Boys 1600m run
Girls 4x100m relay
Boys 4x100m relay
Girls 400m dash
Boys 400m dash
Girls 4x200m relay
Boys 4x200m relay
Girls 200m hurdles
Boys 200m hurdles
Girls 800m run
Boys 800m run
Girls 200m dash
Boys 200m dash
Girls 4x400m relay
Boys 4x400m relay

*Individual and Relay Scoring: 10-8-6-4-2-1